


Personal Development Department - Year 11

 Shirley High Curriculum Map	<i>Our curriculum takes a thematic approach, which covers six spiral core themes that progressively run through each year group: Health and Wellbeing Life Beyond School Rights, Responsibilities and British Values Careers Education Staying Safe Online and Offline RSE The themes are built upon each year and lessons within these themes cover the statutory requirements for RSE and Health and Wellbeing, Citizenship and British Values. Personal Development lessons also meet the requirements of the Gatsby benchmarks. In year 11, students are supported as they make decisions about their futures. They are taught about apprenticeships, traineeships and T-levels and how to apply for them. They are also introduced to Post-18 options. Year 11 students are also taught about common cancers and options for unplanned pregnancies.</i>					
	Autumn 1	Autumn 2	Spring 1	Spring 2	Summer 1	Summer 2
	Theme/Topic/Skill:	Theme/Topic/Skill:	Theme/Topic/Skill:	Theme/Topic/Skill:	Theme/Topic/Skill:	Theme/Topic/Skill:
	Your Future and Beyond	Adult Health	World of Work	INTERVENTION		EXAMS
Why Now?	Students are preparing to make decisions for the future	Students needs to be aware of health issues that may affect them in the future	Students are preparing for working life	Students undertake targeted intervention sessions based on their individual needs		
Fundamental Concepts	Life Beyond School	Health and Wellbeing	Life Beyond School			
Students will...	<ul style="list-style-type: none"> *be aware of a range of options open to them after year 11 *be able to make plans and decisions about post 16 education *understand why and how to build a personal brand *understand the post 16 application process and identify the skills needed for a successful application process *explore how technology and social media can negatively impact your mental health *understand how to manage stress and relaxation 	<ul style="list-style-type: none"> *know the risk factors and common symptoms of testicular cancer *know the risk factors and common symptoms of breast cancer *understand the options available for unplanned pregnancies *examine what is meant by abortion and the law regarding it 	<ul style="list-style-type: none"> * understand the purpose of a CV and cover letter when applying for jobs * to be able to prepare for a job interview 			
Language for Life (Key terms/Vocabulary)	College, 6 th form, apprenticeship, traineeship, employment, volunteering, a-levels, vocational qualifications, career planning, drive, ambition, goals, personal branding, strengths, skills, attributes, key values, application form, references, time management, technology, smartphone addiction, screenager, trolling, grooming, screen addiction, echo chambers, blue light, stress, flight, fright, freeze, increased blood pressure, sweating, increased heart rate, relaxation, para-sympathetic, cortisol, hormones, meditation	Prostate Cancer, Testicular cancer, examination, malignant, tumours, self-examination, bladder, Breast Cancer, self - examination, malignant, tumours, Cervical, Smear test, Ovarian Cancer, Abortion, Miscarriage, Pregnancy, Fertility, Adoption, GP , Pregnancy Test, Conception, abortion, Conceive, Contraception, Moral, Rights, Pro-life, Pro-choice	Curriculum vitae, education, experience, qualifications, references, application form, personal statement, covering letter, interview			
Extended writing Opportunities			Students will complete a CV and cover letter in preparation for a mock interview			
Maths Across the Curriculum	Percentages					
Links to careers/ aspirations	Preparing for the future		Preparing for the world of work			
Cultural Capital	TFTD/see extra-curricular offer	TFTD/see extra-curricular offer	Internet Safety Week/TFTD/see extra-curricular offer	Mock Interviews/Careers Week/TFTD/see extra-curricular offer	TFTD/see extra-curricular offer	Diversity Week/TFTD/see extra-curricular offer
Practical Application of Skills	Completing application forms	Self-checking	Students will complete a CV and cover letter in preparation for a mock interview			