



# Shirley High School

## Performing Arts College

*Our Vision: To develop aspirational learners who strive for excellence academically, creatively and culturally, benefitting from a wide range of opportunities led by inspirational educators.*



Dear Parent / Carer

**Re: Monday 10 October 2022 - Mufti day for #HelloYellow**

For the second year, Shirley High School is putting Mental Health and well-being at the centre of its community by supporting 'World Mental Health Day' on Monday 10 October 2022. We have a vision that '*students and staff are informed and empowered to be emotionally literate and resilient individuals through a fully embedded mental health and wellbeing programme*'.

Students will be allowed to wear mufti on this day as long as they wear one yellow item of clothing (jumper, t-shirt or trousers). This national initiative stands out as a demonstration of our community's support for those struggling with poor mental health. We trust our students when taking part in events like this, to maintain the high expectations of dress and ensure that what they wear is appropriate and clearly linked to the ethos of the day.

Please ensure that your child understands that although he / she has been awarded a Mufti Day, our Golden Rule and the high standards expected in relation to attendance / punctuality, behaviour and commitment remain. The following are not permitted:

- Clothing that exposes the bare midriff, cleavage, chest, bottom or upper thighs
- Offensive logos or slogans
- Headwear (unless for religious reasons)

It is also expected that all equipment needed for the day e.g. PE or PA kit, should be brought as usual especially their student planners and writing materials.

Last year we raised a fantastic £544.53 for YoungMinds and this year we would like to raise even more. There are two ways that students can donate: they can either bring £2 to school to give to their form tutor or if you scan the QR code you can donate directly to our school's JustGiving page.



To find out more about 'YoungMinds' and the initiative please visit: <https://www.youngminds.org.uk/support-us/fundraising/helloyellow/>

Should you wish to gain any support for your child regarding Mental Health, please feel free to contact Mr Cotton (Senior Mental Health Lead): [cotton@shirley.croydon.sch.uk](mailto:cotton@shirley.croydon.sch.uk)

Thank you as always for your support and I look forward to seeing some fantastic clothing in support of this event.

Yours sincerely

Mr M Cotton  
Assistant Principal

*"Striving for Excellence"*

**Principal:** Mr T Myton NPQH NPQSL IOMEL CLT PGCE BSc (Hons)  
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