



Personal Development Department - Year 7

 Shirley High Curriculum Map	Our curriculum takes a thematic approach, which covers six spiral core themes that progressively run through each year group: Health and Wellbeing Life Beyond School Rights, Responsibilities and British Values Careers Education Staying Safe Online and Offline RSE The themes are built upon each year and lessons within these themes cover the statutory requirements for RSE and Health and Wellbeing, Citizenship and British Values. Personal Development lessons also meet the requirements of the Gatsby benchmarks. The year 7 curriculum focuses on transitions, both physical and personal and builds on KS2 work around friendships, online safety and diversity. It also begins to introduce students to the British political system.					
	Autumn 1	Autumn 2	Spring 1	Spring 2	Summer 1	Summer 2
	Theme/Topic/Skill:	Theme/Topic/Skill:	Theme/Topic/Skill:	Theme/Topic/Skill:	Theme/Topic/Skill:	Theme/Topic/Skill:
	Managing Change		Friends, Respect and Relationships		Staying Safe Online and Offline	
Why Now?	Transition lessons to help with the change of starting secondary school		At this point in the year initial friendship groups can change and issues occur		Students are becoming more aware of social media and use of mobile phones	
Fundamental Concepts	Life Beyond School		Statutory Relationships Education		Staying Safe Online and Offline	
Students will...	<ul style="list-style-type: none"> * understand what is meant by PSHE and why it is studied * be able to understand the concept of trust and explain what they have in common with others across the class. *To understand the concept of community and what makes a cohesive community * be aware of how careers education can help you plan for the future 	<ul style="list-style-type: none"> * explore the benefits of good quality sleep * describe the concept of money * describe how people's feelings change during stages of transition 	<ul style="list-style-type: none"> *understand what constitutes consent and why consent should always be respected *describe what it means to be a man in the 21st century *understand what an unhealthy relationship might look like 	<ul style="list-style-type: none"> *understand the importance of friendship and the qualities makes a good friend *understand the wide range of relationships young people have *understand that people can all feel the same range of emotions, but do not necessarily respond in the same way to similar situations * identify a range of risks associated with 'being online' 	<ul style="list-style-type: none"> * identify a range of risks associated with 'being online' * define what a gaming addiction is and recognise symptom of it * understand how alcohol impacts the body 	<ul style="list-style-type: none"> * understand how alcohol impacts the body *understand the impacts smoking has on the body * understand the science behind vaping and the health consequences of *explore the health risks associated with energy drinks
Language for Life (Key terms/Vocabulary)	Routine, Regeneration, Growth, Memory, Environment, Immunity, Sleep hygiene, Trust, Honesty, Integrity, Self Esteem, Politicians, Society, Character traits, Transition points, Career, Change, Risk, Reflection, Careers, Skills, Qualities, Future, Aspirations, Career, Opportunities		Consent, Self-esteem, Boundaries, praise, essential, comfortable, retractable, active, peer pressure Masculinity - qualities or attributes regarded as characteristic of men. secrets, lies, disclosures, self-disclosure, relationships, Phubbing, Online Friends, Cyber Bullying Friendship, Loyalty, Trust, Toxic, qualities, Affection, independence, Respect, differences, understanding, diversity, Opportunities, hopes, fears, worries, expectations, choices, problems, Positivity, Optimism, Pressure, Coercion, friends, Banter, Bullying, self-esteem, Resilience, Independence		Gangs, Criminal Behaviour, County Lines, Discharge, Custodial Sentence Grooming, Gambling, Scams, Data, Social networking, Exploitations, Cyber Bullying Grooming, Addiction, Online safety, Fake Profiles, Noob, Frag, Respawn, sunk cost fallacy, Physical, Psychological, social, units, ethanol, Carbon Monoxide, Ammonia, Vaping, Fertility, Nicotine, tar, chemicals, E-Cigarettes, Vaping, Vaporiser, Vape Shops, Cotton, Coils, E-Juices, Sugar, Taurine, Caffeine, Consumption, Coffee, Insomnia, Homicide, Wielded, Attempted Murder, Courts, Home Office, UK Drill Music	
Extended writing Opportunities			Response to agony aunt letter		Why do people choose to carry a knife?	
Maths Across the Curriculum		Money and currencies				
Links to careers/aspirations	Careers and your future/Financial Education/Transition points in your life			Careers Week/Apprenticeship Week		
Cultural Capital						
Practical Application of Skills						

 Shirley High Curriculum Map	Personal Development lessons on Carousel					
	Autumn 1	Autumn 2	Spring 1	Spring 2	Summer 1	Summer 2
	Theme/Topic/Skill:	Theme/Topic/Skill:	Theme/Topic/Skill:	Theme/Topic/Skill:	Theme/Topic/Skill:	Theme/Topic/Skill:
	Puberty and Body Development		Celebrating Differences		Politics and Parliament	
Fundamental Concepts	Health and Wellbeing		Celebrating diversity and equality		Rights, Responsibilities and British Values	
Students will...	<ul style="list-style-type: none"> * describe the emotional, social and physical changes that happen during puberty * understand the physical and emotional changes that happen to girls during puberty * describe the physical and emotional changes that happen to boys through puberty * understand the ways in which diet, exercise, hygiene and sleep contribute to being healthy * understand a range of issues that may impact you as you grow up to be an adult * demonstrate effective ways to communicate personal boundaries and show respect for the boundaries of others 		<ul style="list-style-type: none"> * understand the wide variety of aspects that make up one's identity * explore how our identity is formed *explore the brief history of Anti-discriminations laws passed in the UK *define stereotyping and prejudice *describe how diverse modern Britain is *identify different forms of prejudice and discrimination engage, racial, gender etc. *define islamophobia and give examples of it in UK society 		<ul style="list-style-type: none"> * understand the impact politics has on everyday life *describe the make-up of parliament and the main roles it performs *be able to name the main parties that represent the UK in Parliament *describe the different types of elections in the UK *define the terms advocate and devil's advocate *describe the state opening of parliament 	
Language for Life (Key terms/Vocabulary)	Puberty, Hygiene, Hormones, vagina, Penis, adolescence, social, Emotional, Physical, Oestrogen, Progesterone, Tampon, Sanitary Towel, Panty Liner, Menstruation, Period, Fertilisation, Ova, Urethra, Prostate, scrotum, testicle, Erections, Penis, Wet Dreams, Ejaculation, Deodorant, antiperspirant, Hygiene, bacteria, Menstruation, FGM, Breast ironing, Breast flattening, Impotence, Respect, differences, understanding, diversity, Consent, Low self-esteem, High self-esteem, Empowerment, Climate activist		Identity, Heritage, Personality, Religion, society, Genes, Environment, Psychological, DNA, Epigenetics, Nature, Nurture, socialisation, Equality, Anti-discrimination laws, Legislation, Government, Prejudice, discrimination, stereotype, Tolerance, Persecution, Injustice Immigration, Emigration, Migration, Diversity, ethnicity, social, economic, political Prejudice, discrimination, intolerance, justice, Equality, Hate Crime, Home Office, Genocide, Harassment, Bullying, Discrimination, Prejudice, Muslim, Islamophobia		Parliament, Westminster, Democracy, totalitarianism, elections Government, Parliament, Politics, House of Commons, House of Lords, Monarchy, Constituency, Civil Service, Westminster, Turnout, General election, Campaigns, Slogan, Logo, Conservative, Labour, Party Ideology, First Past The Post, By elections, General Elections, Proxy, Postal, digital democracy, Campaign, Devil's advocate, Advocacy, Debating, Parliament, UK, Clerk, Parliament, Government, Speaker, Public Gallery, Black Rod, Despatch Box, Lords. Conservative, Tory, Leadership, Election, Prime Minister, Negotiation, Advocacy	
Extended writing Opportunities	Response to agony aunt letter				Writing a party manifesto	
Maths Across the Curriculum			Percentages			
Links to careers/aspirations	Self-esteem and empowerment					

Cultural Capital	TFTD/see extra-curricular offer	Diversity Week/ TFTD/see extra-curricular offer	UK politics/ TFTD/see extra-curricular offer
Practical Application of Skills		Debating stereotypes	Creating a political party