

Personal Development Department - Year 8

 Shirley High Curriculum Map	Personal Development Department - Year 8					
	Autumn 1	Autumn 2	Spring 1	Spring 2	Summer 1	Summer 2
	Theme/Topic/Skill:	Theme/Topic/Skill:	Theme/Topic/Skill:	Theme/Topic/Skill:	Theme/Topic/Skill:	Theme/Topic/Skill:
	Physical Health and Mental Wellbeing		Dangerous Society Online and offline		Law, Crime and Society	
Why Now?	Focus on health and wellbeing important on return to school		Focus on online safety to coincide with Internet Safety Week		Building on the content covered in year 7	
Fundamental Concepts	Health and Wellbeing		Staying Safe Online and Offline		Rights, Responsibilities and British Values	
Students will...	<ul style="list-style-type: none"> *understand what positive wellbeing is *explain what mental health is *understand the term 'body image' and explain the pressures social media and society have on it *understand different forms of child abuse and explain the importance of consent 	<ul style="list-style-type: none"> *be able to describe the different types of bullying and the impact it has on people *to understand what a healthy diet consists of and how you can make changes to improve your diet *be able to identify the causes of stress and how to deal with it 	<ul style="list-style-type: none"> *understand what County Lines is and some of the terminology used *understand the groups of people County Line Gangs target and why *be able to define substance misuse and substance dependency and his this impacts the body 	<ul style="list-style-type: none"> *understand the consequences of consuming alcohol *be able to define cyber bullying, trolling and harassment *be able to explain a wide range of ways to reduce the risks associated with being online 	<ul style="list-style-type: none"> *understand that with rights come responsibilities * understand the concept of community cohesion and to understand the different forms of prejudice that exist *describe the rites of passage throughout life 	<ul style="list-style-type: none"> *understand how the criminal justice system operates for young offenders *understand why laws are needed in society and how they are created *explain the different types of punishments available in the UK
Language for Life (Key terms/Vocabulary)	Balanced Diet, Exercise, Mental Health, Physical Health, Mental Health Act, Vitamins, Neglect, Safeguarding, Maltreatment, intervention, Policy, welfare, responsibility, Abuse, Banter, Bullying, Cyber Bullying, Homophobic Bullying, Work Place bullying, Physical, Verbal, PTSD, Anxiety, Depression, Physical, Mental, Wellbeing, Stress, Mental illness, schizophrenia, Social media, selfie, body image, healthy, 'likes', body confidence, editing, celebrities, filters, followers, attention, comments, Anxiety, stress, coping, strategy, anger, emotions, hormones, reactions		County Lines, Trap House, Modern Slavery, Elders, Soldiers, Teenier, Drug Mule, Exploitation, Physical, Psychological, Financial, Trap House, Criminal Responsibility, Substance abuse, Dependence, Intoxication, Withdrawal, substance, impairment, anxiety, Physical, Psychological, social, units, ethanol, Units, Spirits, Ethanol, Beer, Larger, Wine, Binge Drinking, Shots, Trolling, Cyber Bullying, Abuse, Contact, Conduct, Harassment, Strategies, Exploitation, Grooming, Catfishing, Fake Profiles, Deception, Anonymous, Trust, CEOP, Child Sexual Exploitation, Grooming, Influence, Coercion, Manipulation, Bribery		Rites of passage: Ceremonies (rites) or celebrations to mark important stages or landmarks in a person's journey (passage) through life, Community, Disability, Prejudice, Discrimination, Multiculturalism, diversity, Baptism, Brit Milah, Aqueeqah, Priorities, Survival, ceremony, Theft, Crime, Commandments, laws, Criminal Responsibility, House of Commons, House of Lords, Royal Assent, bill, White & Green Paper, Consultation, Reciprocity, Prison, Manslaughter, Reparation, retribution, Rehabilitation, Justice, incapacitation, deterrence, denunciation	
Extended writing Opportunities	Questions on stress		Questions on online grooming		Island project diary entry	
Maths Across the Curriculum						
Links to careers/aspirations						
Cultural Capital	TFTD/see extra-curricular offer		Internet Safety Week/TFTD/see extra-curricular offer		UK politics/TFTD/see extra-curricular offer	
Practical Application of Skills	Coping strategies for mental health/dealing with stress		Creating a campaign			

 Shirley High Curriculum Map	Personal Development lessons on Carousel					
	Autumn 1	Autumn 2	Spring 1	Spring 2	Summer 1	Summer 2
	Theme/Topic/Skill:	Theme/Topic/Skill:	Theme/Topic/Skill:	Theme/Topic/Skill:	Theme/Topic/Skill:	Theme/Topic/Skill:
	Proud to be ME		Identity, Relationships and Sex Education		Equality & Diversity Explored	
Fundamental Concepts	Life Beyond School		Statutory Relationship education		Celebrating Diversity and equality	
Students will...	<ul style="list-style-type: none"> *be able to effectively work as part of a team and to know what makes good teamwork and leadership *be able to describe their own self-esteem *be able to plan for their future career * explore ways to boost self esteem * be aware of what labour market information (LMI) is and how it can be useful to you * identify the 10 main UK Job sectors 		<ul style="list-style-type: none"> *understand the core aims of RSE *compare and contrast the characteristics of healthy and unhealthy relationships *understand the different areas of life where conflict may occur *understand the different key terms that are used within when talking about sexual orientation *explore a range of language used with gender identify *be able to identify a wide range of contraceptive measures 		<ul style="list-style-type: none"> *understand the meaning of LGBTQA+ *understand what constitutes homophobic language and homophobic bullying and why it is wrong *explore how to assertively challenge homophobic language *be able to support a friend in need and be an ally for the LGBTQA+ community *explore the misconceptions that surround trans people *explore the concept of trust and what it means to 'come out' 	
Language for Life (Key terms/Vocabulary)	Life Skills, Enterprise, Entrepreneur, Teamwork, Leadership, Numeracy, Budget, Economy, Emotions, Feelings, Thoughts, Past Behaviours, Understanding, Ambition, Ideal self, Actual Self, Values, Pharmacist, Jeweller, Optometrist, Barista, Maitre'D, Forensics, Self Esteem, Self-talk, body image, influencers, self-esteem, positivity, body image, Labour Market, Authority, Demography, globalisation, manufacturing, education, training, Job description, salary, duties, progression, qualifications, GCSE, A levels, University, Skills		Consent, Conflict, Unhealthy, Abusive, Relationship, Compulsory, resilience, boundaries, Consent, boundaries, values, Sex, Relationships, trust, dignity, compromise, Friendships, respect, Conflict Resolution, Argument, Assertive, Divorce, Solution, International, distressed, A Sexual, Pansexual, Bisexual, Queer, Heteroflexible, Heterosexual, Homosexual, Transitioning, Cis Male, Cis Female, Gender Recognition Act, Transgendered, Sex Gender, Gender Dysphoria, Abstinence, Barrier, Supress, Oestrogen, Progesterone, Copper, IUS, IUD, Contraception		Homophobia, Gender, Sexuality, Prejudice, discrimination, Homophobia, transphobia, xenophobia, verbal abuse, physical abuse, cyber abuse, Ally, Oppression, Human Rights, Support, Community, Passive, Assertive, Aggressive, Homophobia, Gender Dysphoria, Transitioning, biological, Hormones, transphobia, Coming out, Gender identity, Closet, Rejection, Acceptance	
Extended writing Opportunities	How can LMI help you?				Why do schools celebrate LGBTQA+ History Month and teach about LGBT issues?	
Maths Across the Curriculum	Budgeting					
Links to careers/aspirations	Exploring LMI/careers					
Cultural Capital	Careers Week/TFTD/see extra-curricular offer		TFTD/see extra-curricular offer		Diversity Week/TFTD/see extra-curricular offer	
Practical Application of Skills			Debating skills			