Personal Development Department - Year 9

	Our curriculum takes a thematic approach, which covers six spiral core themes that progressively run through each year group: Health and Wellbeing Life Beyond School Rights, Responsibilities and British Values Careers Education Staying Safe Online and Offline RSE The themes are built upon each year and lessons within these themes cover the statutory requirements for RSE and Health and Wellbeing, Citizenship and British Values. Personal Development lessons also meet the requirements of the Gatsby benchmarks. The year 9 curriculum has a strong focus on future planning, as students prepare to make their GCSE choices. It also focuses on personal safety, including drugs and externally delivered sex education. Terrorism and extremism is taught directly here, building on the work students have already done on citizenship, rights and responsibilities.						
	Autumn 1	Autumn 2	Spring 1	Spring 2	Summer 1	Summer 2	
Shirley High	Theme/Topic/Skill:	Theme/Topic/Skill:	Theme/Topic/Skill:	Theme/Topic/Skill:	Theme/Topic/Skill:	Theme/Topic/Skill:	
Curriculum Map	Body Confidence		Careers		Combating extremism and terrorism		
Why Now?	This unit covers topics which are essential following return to school and are particularly important for year 9 students		Students are in the process of selecting their options which will help inform future career decisions.		Building on the work on rights and responsibilities from year 7 and 8		
Fundamental Concepts	PSHE and Welbeing		Careers education		Rights, Responsibilities and British Values/Citizenship and prevent		
Students will	*define the term 'self-esteem' and explain how it helps us *explore what grief is and how it affects people *understand the male reproductive system *understand the female reproductive system	*explore the impact HBT bullying is having on young people in society *explore what it means to be body positive and body neutral *explore who diet, stress and life situations can impact on health	*explain the differences between work, a job and a career *understand the three different industries in the UK and how they link to different occupations *explore the wide variety of jobs within one workplace	*gain a basic knowledge of UK business structure and organisation *gain a basic knowledge of UK business structures *understand the meaning of the terms equality, diversity and stereotyping	*understand what conspiracy theories are *be able to define the terms extremism, terrorism and radicalisation *explore why people may choose to commit an act of terrorism *UK and the Prevent duty	*explore if being British is still a positive identity for young people *understand how the radicalisation process works *understand how counter terrorism works in the	
Language for Life (Key terms/Vocabulary)	Self-esteem, Resilience, Positive self-talk, butterfly effect, Cerebellum, Grief, Loss, Denial, Bargaining, Acceptance, Loss, Trauma, depression, Penis, Urethra, Scrotum, Testicle, Bladder, prostate gland, Vas deferens, sperm, Vulva, Vagina, Labia, Mons Pubis, Cervix, Uterus, Womb, clitoris, Homophobia, Biphobia, Transphobia, Bully, Victim, Racism, Airbrushing, Digital media, Photoshop, Body positivity, insecurity, foundation, body neutrality, Cancer, Prevention, Industrial Farming, Vegans, Industry, stress, diet, immunity, malnutrition,		Work, job, career, values, occupation, independence, income, job security, prestige, work/life balance, challenge, tangible, progression, managers, technical occupations, skilled trades, personal services, customer services, elementary occupations, employee, employer, public sector, private sector, sole trader, partnership, limited company, charity, franchise, social enterprise, hierarchical structure, flat structure, matrix structure, director, shareholder, equality, inequality, discrimination, unconscious bias, stereotyping		Conspiracy theories, extremism, extremist narratives, evidence, scrutiny Extremism, terrorism, counter narrative, Radicalisation, Extreme far right, National Front, Jihad, Crusade, Extremism, Terrorism, Radicalisation, Holy war, Identity, Values, Principles, Tolerance, Hate Crime, Community Cohesion Propaganda, Intolerance, radicalisation, Prevent, Channel, Extremism, Bias Prevent, Pursue, Channel, Legislation, Counter Terrorism, Ideology		
Extended writing Opportunities	Questions on perfection		Influences on UK culture and society		It should be mandatory for people in the UK to carry identity cards with them at all times		
Maths Across the Curriculum				Percentages			
Links to careers/ aspirations			Throughout	Throughout			
Cultural Capital			Careers Week/assembly/see extra-curricular offer	Careers Week/assembly/see extra-curricular offer	Internet Safety Week/assemblies/see extra-curricular offer		
Practical Application			Planning your career	GCSE choices			

of Skills

	Personal Development lessons on Carousel								
	Autumn 1	Autumn 2	Spring 1	Spring 2	Summer 1	Summer 2			
	Theme/Topic/Skill:	Theme/Topic/Skill:	Theme/Topic/Skill:	Theme/Topic/Skill:	Theme/Topic/Skill:	Theme/Topic/Skill:			
Shirley High Curriculum Map	Contraception and STIs This unit supplements RSE workshops provided by Croydon Sexual Health Service		Legal and Illegal Drugs Statistics show that teenagers are likely to be exposed to drug/alcohol use by the age of 14		Essential life skills This unit covers necessary skills for a year 9 student to have				
Fundamental Concepts	Statutory Relationships Education		Staying Safe Online and Offline		Life Beyond School				
Students will	*describe the key symptoms and risks associated with a variety of different STIs		*explore why people use drugs *understand the different forms and street names given to cannabis *consider the different classification of drugs *explore the way 'party' drugs effect users and can put them in dangerous situations		*explore what motivates people to do incredible things *explore what happiness might mean to different people				
	*understand how a variety of different forms of contraception work				*understand the vital importance of First Aid as a lifesaving skill				
	*explore which forms of contraception protect against pregnancy				*understand the science behind why someone gets angry				
	*explore the differences between flirting and sexual harassment				*explore the link between mental health and social media				
	*explore the different ways HIV can be transmitted and how to reduce the risk of transmission		*learn more about a variety of Class A and B drugs and the impact they have on society		*understand the importance of saving money				
	*understand the history of HIV and AIDS and understand recent advances in treatment and prevention		*explore the short, long and chronic effects of Volatile Substance Abuse						
Language for Life (Key terms/Vocabulary)	Promiscuous, GUM, GP, STI, STD, Contraception, Bacterial, Viral, Parasitic, IUD, IUS, Diaphragm, Patch, Injection, Vasectomy, Contraception Ring, Abstinence, Condom, Pill, Femidom, IUD, IUS, Diaphragm, Patch, Injection, Vasectomy, Contraception Ring, Abstinence, Condom, Pill, Femidom, Thrush Stalking, Criminal, Equality Act, Discrimination, Protection from Harassment Act 1997, HIV, AIDS, Anti-Viral, Infection, Immune system, CD4, HIV, AIDS, PrEP, PEP, Anti-Viral, Infection, Immune system, CD4		inhalants, Huffing, VSA, Addiction, NHS, Prescription drugs, Socially acceptable, Chronic Disease. Cannabis, THC, CBD Products, Cannabis Oil, Legality, Class B, Class A, Class B, Class C, Supply, Possession, Distribution, Psychoactive Substances, Medicine Act 1986, Shrooms, Psychoactive, Hallucinogenic, LSD, MDMA, Cocaine, Stimulant, Acid, Trip, Class A Class A, Psychological effects, Stimulants, Crystal Meth, Speed, Amphetamines Volatile Substance Abuse, New Psychoactive Substances, Addiction, Chronic Effects Inhalants, Gaming, Sugar, Nicotine, Alcohol, Prescription Drugs, Social Media, Substance Misuse		Success, failure, motivation, resi Leadership, opportunities, Belie Future, dreams, ability, Defibrilla Position, St John Ambulance, Bhairways, Angers, Triggers, Conflic Language, self-awareness, Onlin Social currency, Online harassme Bullying, Budget, forecast, debt, competence, Financial capability	f, needs, wants, Inspiration, ator, CPR, Chocking, Recovery IF, Breathing, Circulation, ct Management, Emotions, e, social media, post, followers, ent, Settings, Privacy, Cyber savings, investments,, financial			
Extended writing Opportunities			Effects of drugs on the body and mind		Why is it important to manage your money properly from a young age?				
Maths Across the Curriculum	Dates/statistics				Money habits				
Links to careers/ aspirations					Success and failures/managing r	noney/			
Cultural Capital	Diversity Week/Assemblies/see extra-curricular offer		Assemblies/see extra-curricular offer		Gambling session/assemblies/see extra-curricular offer/first aid dropdown day?				

Practical Application	Contraception	Dealing with anger
of Skills		