

Personal Development Department - Year 10

 Shirley High Curriculum Map	<p><i>Our curriculum takes a thematic approach, which covers six spiral core themes that progressively run through each year group: Health and Wellbeing Life Beyond School Rights, Responsibilities and British Values Careers Education Staying Safe Online and Offline RSE The themes are built upon each year and lessons within these themes cover the statutory requirements for RSE and Health and Wellbeing, Citizenship and British Values. Personal Development lessons also meet the requirements of the Gatsby benchmarks.</i></p> <p><i>The year 10 curriculum has a strong focus on mental health and wellbeing, designed to coincide with students beginning their GCSE courses. Students build on their knowledge of British Values, beginning to link together prior learning on sexuality, British Values and human rights. Learning around personal safety extends to knife crime, modern slavery and honor based killing and students prepare for their one week work experience placements in July.</i></p>					
	Autumn 1	Autumn 2	Spring 1	Spring 2	Summer 1	Summer 2
	Theme/Topic/Skill: Careers/Preparing for WEX	Theme/Topic/Skill: Mental Health & Wellbeing	Theme/Topic/Skill: Exploring Relationships & Sex Education	Theme/Topic/Skill: Exploring Relationships & Sex Education	Theme/Topic/Skill: Exploring British values/Work Experience	Theme/Topic/Skill: Exploring British values/Work Experience
Why Now?	Careers Unit to support WEX	This unit covers topics which are essential to address following return to school	This unit builds on the RSE content from KS3		This unit builds on the RSE content from KS3	Work Experience Placement
Fundamental Concepts	Career Education	Health and Wellbeing	Statutory Relationships Education		Rights, Responsibilities and British Values	
Students will...	<ul style="list-style-type: none"> *Learn to use the Online platform unifrog *be prepared for Work Experience *feel empowered to find work experience placements 	<ul style="list-style-type: none"> *explore different types of mental illness and understand what you can do to help someone with their mental health *understand the meaning of mental health and emotional wellbeing *understand that self-harm is a behaviour and not an illness *be able to identify warning signs of anyone contemplating suicide 	<ul style="list-style-type: none"> *understand what FGM is and to know that it is illegal *understand the legal, emotional and social consequences of sending sexts *identify what is seen in porn and what happens in real life *define the term sexual abuse and understand the law relating to it 	<ul style="list-style-type: none"> *describe a positive and healthy relationship *explore the impact sexualisation of the media is having on teenagers *explore the laws regarding rape and sexual assault 	<ul style="list-style-type: none"> *understand the law relating to honour-based violence *define forced marriage and breast ironing *understand the risks associated with online gambling 	<ul style="list-style-type: none"> *explain the link between social media and negative self-esteem *be able to recognise an online scam email *understand the impact of carrying a knife *understand how to recognise modern day slavery
Language for Life (Key terms/Vocabulary)	Sexual Abuse, Physical Abuse, Emotional Abuse, Neglect, Childline, NSSPCC, Spectrum, Stigma, Tolerance, Anxiety, Depression, Schizophrenia, Trauma, Mental Health Discrimination Act, Emotional well-being, Cognitive Behavioural Therapy, Healthy Boundaries, Responsibility, Self-Harm, Self-Poisoning, Self-Injury, Sensitivity, Samaritans, Coping Strategies, Suicide, Suicidal Thoughts, Tragedy, Distress, Illness, Symptoms, Isolation, Depression		Sexting, Sexts, Nudes, Dick Pics, Peer Pressure, Consent, Revenge Porn, Take Down Policy, Masturbation, Pleasure, Sensation, Orgasm, Private, Addiction, Female Genital Mutilation Illegality, Circumcise, PTSD Infertility, Preventable, Sexual Assault, Rape, Stealthing, Unlawful Intercourse, Non-consensual Penetration, Pornography, Negative Influence, Revenge Porn, Intercourse, Indecent Images, Social Media Influencers, Sexualisation, Expectations, Mental Health, Body Image		Fake News, Critical Thinking, Misinformation, Disinformation, Propaganda, Press Freedom, Treaty, Declaration, Convention, Universal Declaration of Human Rights, Human Rights Act 1998, Totalitarianism, Anarchy, Oligarchy, Dictatorship, Constitutional Monarchy, Judiciary, Treaty, Declaration, Convention, Universal Declaration of Human Rights, Human Rights Act 1998	
Extended writing Opportunities	Applications	Social Media and wellbeing extended writing	Story writing	Pornography debate/ extended writing , sexualisation	Comprehension activity,	Designing an event, newspaper articles activity
Maths Across the Curriculum		Statistics-abuse facts and figures, percentages	FGM statistics,			
Links to careers/ aspirations	Introduction to WEX,					Uk government, work experience placements
Cultural Capital	Learning about different forms of Work and pathways to work.					Democracy/UK government
Practical Application of Skills	Using Unifrog, researching potential placements,		FGM Laws,	Sexual abuse law , Consent law, Porn laws	How to spot fake news, human rights laws, protection of human rights	