


**Personal Development Department - Year 11**

 <b>Shirley High Curriculum Map</b>	Our curriculum takes a thematic approach, which covers six spiral core themes that progressively run through each year group: Health and Wellbeing Life Beyond School Rights, Responsibilities and British Values Careers Education Staying Safe Online and Offline RSE The themes are built upon each year and lessons within these themes cover the statutory requirements for RSE and Health and Wellbeing, Citizenship and British Values. Personal Development lessons also meet the requirements of the Gatsby benchmarks. In year 11, students are supported as they make decisions about their futures. They are taught about apprenticeships, traineeships and T-levels and how to apply for them. They are also introduced to Post-18 options. Year 11 students are also taught about common cancers and options for unplanned pregnancies.					
	<b>Autumn 1</b>	<b>Autumn 2</b>	<b>Spring 1</b>	<b>Spring 2</b>	<b>Summer 1</b>	<b>Summer 2</b>
	Theme/Topic/Skill:	Theme/Topic/Skill:	Theme/Topic/Skill:	Theme/Topic/Skill:	Theme/Topic/Skill:	Theme/Topic/Skill:
	Your Future and Beyond	Staying safe online and offline	Adult health		Intervention/Exams	
<b>Why Now?</b>	Students are preparing to make decisions for the future	Essential life skills as they enter year 11 and beyond	Students needs to be aware of health issues that may affect them in the future.			
<b>Fundamental Concepts</b>	Life beyond school	Staying safe	Health and Wellbeing			
<b>Students will...</b>	<p>*be aware of a range of options open to them after year 11</p> <p>*be able to make plans and decisions about post 16 education</p> <p>* understand the purpose of a CV and cover letter when applying for jobs</p> <p>*to be able to prepare for a job interview</p>	<p>*understand what an online reputation is and digital footprint and its significance.</p> <p>* be able to identify the terms around cyberbullying and explain how to help someone experiencing cyberbullying.</p> <p>*evaluate the reasons why people may undergo cosmetic and aesthetic procedures.</p> <p>*To explain what is meant by ‘peer-on-peer abuse’ and describe ways to help prevent it.</p>	<p>* be aware of the importance of sexual health and the consequences of neglecting it.</p> <p>*understand the options available for unplanned pregnancies</p> <p>*examine what is meant by abortion and the law regarding it</p> <p>*identify both healthy and unhealthy features of a relationship.</p>	<p>*know the risk factors and common symptoms of testicular cancer</p> <p>*know the risk factors and common symptoms of breast cancer</p> <p>* Understand the factors that impact on fertility.</p> <p>*understand options for organ and blood donation.</p>		
<b>Language for Life (Key terms/Vocabulary)</b>	College, 6 <sup>th</sup> form, apprenticeship, traineeship, employment, volunteering, a-levels, vocational qualifications, career planning, drive, ambition, goals, personal branding, strengths, skills, attributes, key values, application form, references, time management, technology, smartphone addiction, screenager, trolling, grooming, screen addiction, echo chambers, blue light, stress, flight, fright, freeze, increased blood pressure, sweating, increased heart rate, relaxation, para-sympathetic, cortisol, hormones, meditation	Online Reputation, Digital Footprint, Cookies, Cached Data, Personal Branding, Cyberstalking, Denigration, Exclusion, Exposure, Social Rejection, Perpetrator, Mob Mentality, Peer Abuse, Domestic Violence, Honour, Equality, Respect, CSE	Prostate Cancer, Testicular cancer, examination, malignant, tumours, self-examination, bladder, Breast Cancer, self - examination, malignant, tumours, Cervical, Smear test, Ovarian Cancer, Abortion, Miscarriage, Pregnancy, Fertility, Adoption, GP, Pregnancy Test, Conception, abortion, Conceive, Contraception, Moral, Rights, Pro-life, Pro-choice			
<b>Extended writing Opportunities</b>		Censorship extended writing , This is abuse campaign extended writing.				
<b>Maths Across the Curriculum</b>	Percentages					
<b>Links to careers/aspirations</b>	Preparing for the future					
<b>Cultural Capital</b>	Tutor programme /see extra-curricular offer		TFTD/see extra-curricular offer			
<b>Practical Application of Skills</b>	Completing application forms		Self-checking			