

Personal Development Department - Year 12

 Shirley High Curriculum Map	<p><i>Our curriculum takes a thematic approach, which covers six spiral core themes that progressively run through each year group: Mental Health and Wellbeing Life Beyond School, Careers Education and RSE. The themes are built upon each year and lessons within these themes cover the statutory requirements. Personal Development lessons also meet the requirements of the Gatsby benchmarks.</i></p> <p><i>The Year 12 curriculum has a strong focus on future planning, as most students prepare to submit their UCAS and apprenticeship applications. It also revisits personal safety, including drugs education and sexual health, as this is a time when many students are experiencing increased social freedoms. The Year 12 curriculum also focuses on mental health, as students adjust to the rigorous demands of post-16 education.</i></p>					
	Autumn 1	Autumn 2	Spring 1	Spring 2	Summer 1	Summer 2
	Theme/Topic/Skill:	Theme/Topic/Skill:	Theme/Topic/Skill:	Theme/Topic/Skill:	Theme/Topic/Skill:	Theme/Topic/Skill:
	Personal Finance	Mental Health and Wellbeing	Sexual Health	Drugs and Risk Association	UCAS	UCAS
Why Now?	To prepare students for understanding their own finances with part time work and for future employment	To enable students to effectively deal with their own mental health issues	To build on the work done in KS4 raising awareness of sexual health and encouraging students to take responsibility	To build on the work done in KS4 and to understand the consequences to their health and legally	To enable students to prepare for post 18 applications and life beyond school	To enable students to prepare for post 18 applications and life beyond school
Fundamental Concepts	Personal Finance/Careers	Mental Health and Wellbeing	RSE	Drugs	Life Beyond School / Careers	Life Beyond School / Careers
Students will...	<ul style="list-style-type: none"> *understand the range of taxes that exist in the UK *be able to evaluate the different banking options available *understand the different types of employment that exist *understand the impact of getting into debt 	<ul style="list-style-type: none"> *to recognise the emotional, behavioural and cognitive characteristics of depression *know ways of utilising my own acute stress to improve exam performance *recognise the emotional, behavioural and cognitive characteristics of anxiety 	<ul style="list-style-type: none"> *To increase awareness of the importance of a young person's sexual health *To be able to identify which types of contraception would be best used by different types of people *To understand the importance of respecting others and especially those we are in a relationship with 	<ul style="list-style-type: none"> *To explore the consequences of alcohol consumption *To define the term substance misuse and understand the way drugs affect users *To explore why people take illegal drugs 	<ul style="list-style-type: none"> *to prepare for post 18 applications including UCAS and apprenticeships applications *to write a personal statement * building a personal brand 	<ul style="list-style-type: none"> *to understand student finance *to prepare for living alone *applying for a job
Language for Life (Key terms/Vocabulary)	Tax, income tax, gross, allowance, traditional bank, mobile bank, current account, savings account, ISA, savings account, Trust fund, zero hours contract, self employed, full time, part time, shift work, contractor, P45, P60, payslip, national insurance number, salary, tax code, pension, gross pay, net pay, debt, arrears, pay day loan, store card, secured loan, overdraft	Depression, cognitive, behavioural, emotional, self esteem, aggression, self harm, anger, psychological symptoms, physical symptoms, stress, chronic stress, mindfulness, anxiety	Sexual Health, STI, Contraception, Sexual Health, Pregnancy, IUD, Diaphragm, Patch, Injection, Contraception Ring, Abstinence, Condom, Pill, Femidom, Thrush, Douche, Sexual Health, clinic, accessing services, fears, help and support	Units, Spirits, Ethanol, Beer, Larger, Wine, Binge Drinking, Shots, Substance abuse, Dependence, Intoxication, Withdrawal, substance, impairment, anxiety, Social, Medical, Illegal, Stimulant, Hallucinogenic, Depressant, Pain killers	UCAS, apprenticeship, personal statement, personal brand, university, degree, foundation course	Student finance, loan, bursary, means testing, credit score,
Extended writing Opportunities	Describing advantages and disadvantages of different types of borrowing		Create a sexual health leaflet for opposite gender	What help can someone receive for addiction?	Personal statement	
Maths Across the Curriculum	Taxes / wages	Statistics	Sexual health numbers quiz	Alcohol unit risk calculator		Student finance
Links to careers/aspirations	Banking	Counselling / athletes				
Cultural Capital						
Practical Application of Skills					Writing a personal statement	Applying for a job