


**Personal Development Department - Year 13**

| <br><b>Shirley High Curriculum Map</b> | <p><i>Our curriculum takes a thematic approach, which covers six spiral core themes that progressively run through each year group: Health and Wellbeing Life Beyond School Rights, Responsibilities and British Values Careers Education Staying Safe Online and Offline RSE The themes are built upon each year and lessons within these themes cover the statutory requirements for RSE and Health and Wellbeing, Citizenship and British Values. Personal Development lessons also meet the requirements of the Gatsby benchmarks. The year 13 curriculum is very much focused on independent living, particularly finance and careers. It also revisits personal safety just before students leave in the summer term. in preparation for their end of school celebrations and future independent living.</i></p> |  |  |   |                    |                    |
|---|--|--|--|---|--------------------|--------------------|
|   | Autumn 1   | Autumn 2   | Spring 1   | Spring 2  | Summer 1           | Summer 2           |
|   | Theme/Topic/Skill:   | Theme/Topic/Skill:   | Theme/Topic/Skill:   | Theme/Topic/Skill:  | Theme/Topic/Skill: | Theme/Topic/Skill: |
|   | Mental Health and Wellbeing  | Sexual Health  | Diversity, Safety and Health   | Personal Finance/Careers  |                    |                    |
| <b>Why Now?</b>   | It's important to address mental health issues following and extended period away from school  | To build on the work done in KS4 raising awareness of sexual health and encouraging students to take responsibility  |  | To prepare students for employment when leaving school  |                    |                    |
| <b>Fundamental Concepts</b>   | Mental Health and Wellbeing  | Sexual Health  | Diversity, Safety and Health   | Personal Finance/Careers  |                    |                    |
| <b>Students will...</b>   | <p>*To understand a variety of different types of mental illnesses and know some strategies to maintain positive mental wellbeing</p> <p>*To recognise that stress is only beneficial in the short term and over the long term can affect you physically and emotionally</p> <p>*To understand how grief can impact people in a variety of different ways and how you can support a friend or family member</p>  | <p>* Explore how common access to pornographic material can affect attitudes and beliefs towards sex, relationships and self-esteem</p> <p>* To explore what makes women and men fertile and understand ways to improve fertility</p> <p>* To understand the way STI's spread and the groups at higher risk and to increase awareness of the process of a young person's sexual health consultation at a clinic.</p> | <p>* To understand the legal, emotional and physical consequences of carrying a knife and to understand how knife crime impacts families and communities</p> <p>* I know the risk factors and common symptoms for skin cancer</p> <p>* To be aware of stem cell research and other forms of donation, including stem cell donation</p> | <p>*To understand the benefits and risks of borrowing money.</p> <p>*To understand the seriousness of debt and how to overcome it</p> <p>*To describe the different types of employment available</p> <p>*To describe the different types of employment available</p> <p>*To understand the purpose of a P45, P60 and other paperwork related to employment</p> <p>*To understand the different things that motivate people to work</p> |                    |                    |
| <b>Language for Life (Key terms/Vocabulary)</b>   | TSD, Anxiety, Depression, Physical, Mental, Wellbeing, Stress, Mental illness, schizophrenia, Relaxation, stress and calmness Para-sympathetic, Cortisol, Hormones, Meditation, Yoga, Diet, Grief, Loss, Denial, Bargaining, Acceptance, Loss, Trauma, depression  | Pornography, Culture, Sex, Illegal, Legal, Society, Revenge Porn, IVF, Gut Flora, Fertility, Insemination, Fertilisation, artificial Insemination, Sperm Bank, Surrogate, sexual health, clinic, accessing services, conception, fears, help and support, contraception  | Homicide, Wielded, Attempted Murder, Courts, Home Office, UK Drill Music , MRI, X-Ray, Biopsy, Endoscopy, Radiotherapy, Ultra Sound, Cancer, Gene Technology, Blood, Genetic Engineering, Stem Cell , Nerve Cell, Ethics, Parkinson's Disease  | Debt, Variable Interest, Fixed interest, Loan Shark, Payday Loans, APR, Income, Expenditure, Savings, Debt, Interest, Crisis Loan, Repayments, Interest, Loan Sharks, Overdraft, Tax, P45, P60, National Minimum Wage, Gross, Net, Deductions, National Insurance, Self Employed  |                    |                    |
| <b>Extended writing Opportunities</b>   | Write a poem or prayer on grief and loss   | Creating a leaflet on improving your fertility   |  | Comparing borrowing methods   |                    |                    |
| <b>Maths Across the Curriculum</b>  | Mental health statistics   | STI statistics   | Cancer statistics  | Borrowing money and debt  |                    |                    |
| <b>Links to careers/aspirations</b>   |  |  |  | Types of employment and paperwork   |                    |                    |
| <b>Cultural Capital</b>   | TFTD   | TFTD   | Internet Safety Week/TFTD  | Careers Week/TFTD   |                    |                    |
| <b>Practical Application of Skills</b>  |  |  |  | Understanding employment paperwork  |                    |                    |