

<p>Year 8 Boys</p>	<p>Pupils should build on and embed the physical development and skills learned in Key Stage 2. Students will develop competence to excel in a broad range of physical activities whilst being physically active for sustained periods of time. Activities delivered within curriculum time give opportunities for students to play competitively. Pupils will develop their knowledge of the benefits of leading a healthy active lifestyle.</p>	<p>Trampoline</p>	<p>Rugby</p>	<p>Football</p>	<p>Basketball & Fitness</p>	<p>Athletics</p>	<p>Handball & Rounders</p>
<p>Year 8 Girls</p>	<p>Pupils should build on and embed the physical development and skills learned in Key Stage 2. Students will develop competence to excel in a broad range of physical activities whilst being physically active for sustained periods of time. Activities delivered within curriculum time give opportunities for students to play competitively. Pupils will develop their knowledge of the benefits of leading a healthy active lifestyle.</p>	<p>Netball</p>	<p>Badminton & Fitness</p>	<p>Table Tennis</p>	<p>Fitness</p>	<p>Athletics</p>	<p>Tennis & Rounders</p>
<p>Year 9 Boys</p>	<p>Pupils should build on and embed the physical development and skills learned in Key Stage 2. Students will develop competence to excel in a broad range of physical activities whilst being physically active for sustained periods of time. Activities delivered within curriculum time give opportunities for students to play competitively. Pupils will develop their knowledge of the benefits of leading a healthy active lifestyle.</p>	<p>Football</p>	<p>Table Tennis</p>	<p>Badminton & Fitness</p>	<p>Flag Football</p>	<p>Athletics</p>	<p>Cricket & Tennis</p>
<p>Year 9 Girls</p>	<p>Pupils should build on and embed the physical development and skills learned in Key Stage 2. Students will develop competence to excel in a broad range of physical activities whilst being physically active for sustained periods of time.</p>	<p>Netball</p>	<p>Badminton & Fitness</p>	<p>Table Tennis</p>	<p>Football</p>	<p>Athletics</p>	<p>Tennis & Rounders</p>

	Activities delivered within curriculum time give opportunities for students to play competitively. Pupils will develop their knowledge of the benefits of leading a healthy active lifestyle.						
Year 10 Boys	Pupils should build on and embed the physical development and skills learned in Key Stage 2 and 3. Students will develop competence to excel in a broad range of physical activities whilst being physically active for sustained periods of time. Activities delivered within curriculum time give opportunities for students to play competitively. Pupils will develop their knowledge of the benefits of leading a healthy active lifestyle.	Badminton & Volleyball	Football	Table Tennis & Fitness	Trampolining & Hockey	Athletics	Tennis / Flag Football
Year 10 Girls	Pupils should build on and embed the physical development and skills learned in Key Stage 2 and 3. Students will develop competence to excel in a broad range of physical activities whilst being physically active for sustained periods of time. Activities delivered within curriculum time give opportunities for students to play competitively. Pupils will develop their knowledge of the benefits of leading a healthy active lifestyle.	Netball & Hockey	Table Tennis & Trampolining	Badminton & Volleyball	Fitness	Athletics	Tennis/ Flag Football
Year 11	Students will take part in a range of physical activities that are demanding and complex. These activities will continue to develop their personal fitness and promote the benefits and impact of leading healthy, active lifestyles and promote the benefits on physical, social and mental wellbeing.	Badminton & Basketball	Trampoline & Table Tennis	Fitness	Football	Exams	Exams

<p>Year 10 GCSE</p>	<p>The aim of the 1st year of the GCSE PE is to introduce some of the simpler aspects of the course which may have previously been covered at some level in Core PE lessons as well as other subjects such as science and maths. The content covered during Year 1 also focuses on content which is also crucial for the NEA controlled assessment which will allow work on this to be started early in the second year of the GCSE course. Much of the content of this year's content is also the foundation of some of the more advanced topics covered in Year 2.</p>	<p>Physical training</p>	<p>Physical training</p>	<p>Applied Anatomy & Physiology</p>	<p>Applied Anatomy & Physiology</p>	<p>Applied Anatomy & Physiology</p>	<p>Analysing and evaluating performance AEP</p>
<p>Year 11 GCSE</p>	<p>To develop the content learnt in Year 1 and bring in more of the content from Paper 2 of the Summer GCSE PE examinations. This year will also include the completion of the NEA Controlled Assessment which includes content covered in Years 1 & 2 of the course. Year 2 will also be used to identify final practical activity choices as well as completing practical activity intervention if needed (e.g. Road Cycling).</p>	<p>Engagement patterns of different social groups in sport and physical activity</p>	<p>Commercialisation of physical activity and sport, and Ethical and social cultural issues in sport and physical activity</p>	<p>Sport Psychology and Health, Fitness and Wellbeing</p>	<p>Paper 1 and paper 2 revision and moderation.</p>	<p>Moderation and examinations.</p>	<p>N/A</p>
<p>Year 12 Cambridge Technical in Sport and Physical Activity</p>	<p>The first year of the Cambridge Technical Sport and Physical Activity course will be for students to study the key content of two mandatory units (1&2). They will cover key content of both units in order to prepare them for both coursework and examinations. Interventions to take place throughout the year to support student progress.</p>	<p>Unit 1: Body Systems and the effects of physical activity Unit 17: Sports injury and rehabilitation</p>	<p>Unit 1: Body Systems and the effects of physical activity Unit 17: Sports injury and rehabilitation</p>	<p>Unit 1: Body Systems and the effects of physical activity Unit 5: Performance analysis in sport and exercise</p>	<p>Unit 1: Body Systems and the effects of physical activity Unit 5: Performance analysis in sport and exercise</p>	<p>Unit 1: Body Systems and the effects of physical activity Unit 2: Sports coaching and leadership</p>	<p>Unit 2: Sports coaching and leadership</p>

<p>Year 13 Cambridge Technical in Sport and Physical Activity</p>	<p>The aim of the second year is to cover UNIT 2 and the exam content of UNIT 3. Students will use Summer 1 to complete coursework and revise in preparation for Summer exams.</p>	<p>Unit 3: Sports organisation and development Unit 2: Sports coaching and leadership</p>	<p>Unit 3: Sports organisation and development Unit 2: Sports coaching and leadership</p>	<p>Unit 3: Sports organisation and development Unit 2: Sports coaching and leadership</p>	<p>Unit 3: Sports organisation and development Unit 2: Sports coaching and leadership</p>	<p>Unit 3: Sports organisation and development</p>	<p>Exams</p>
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