Personal Development Department - Year 8

Shirley High Curriculum Map	*Our curriculum takes a thematic approach, which covers six spiral core themes that progressively run through each year group: Health and Wellbeing Life Beyond School Rights, Responsibilities and British Values Careers Education Staying Safe Online and Offline RSE The themes are built upon each year and lessons within these themes cover the statutory requirements for RSE and Health and Wellbeing, Citizenship and British Values. Personal Development lessons also meet the requirements of the Gatsby benchmarks. The year 7 curriculum focuses on transitions, both physical and personal and builds on KS2 work around friendships, online safety and diversity. It also begins to introduce students to the British political system.*					
	Autumn 1	**Autumn 2**	**Spring 1**	**Spring 2**	**Summer 1**	**Summer 2**
	Theme/Topic/Skill:	Theme/Topic/Skill:	Theme/Topic/Skill:	Theme/Topic/Skill:	Theme/Topic/Skill:	Theme/Topic/Skill:
	Healthy Relationships and Navigating Peer Influence		Living in the Wider World and Health and Wellbeing		Healthy Relationships	
Why Now?	This term transitions students from understanding personal relationships to navigating wider societal and digital spaces.		This term bridges a student's role in the community with their personal health. Students explore the democratic process, religious diversity, and practical financial management alongside critical physical health education		Students look deeply at consent and safeguarding issues like FGM, while also exploring self-respect, changing adolescent emotions, and critically evaluating the influence of explicit online media and masculine narratives.	
Fundamental Concepts	Relationship and Sex Education	Health and Wellbeing	Living in the Wider World	Health and Wellbeing	Relationship and Sex Education	Relationship and Sex Education
Students will…	- The many forms of relationships - Managing unhealthy relationships - Repairing relationships - Dealing with peer pressure - Standing up to bullying - Navigating online relationships	- Sharing information online - The limitless internet - Viewing harmful content - Gender-based discrimination - Racism and discrimination - Homophobia	- Exploring the democratic process - Respecting and celebrating religious diversity - The evolution of money - Taking control of your money - Making health decisions - The fundamentals of business	- The truth about vaping - First aid beyond emergencies - Oral hygiene - Health and hygiene - Drug awareness - Alcohol and social inhibitions	- Assessing the trustworthiness of others - Understanding consent - Power dynamics and consent - Contraception essentials - Discussing pornography - Understanding FGM	- Respecting themselves - Ending relationships - Explicit sexual imagery - Online masculine narratives - Changing emotions - Drug laws in the UK
Language for Life (Key terms/Vocabulary)	Friendship / romantic relationships / unhealthy relationships / rapport / peer pressure / boundaries / mutual respect / peer pressure / cyberbullying / bystander / reporting mechanisms / digital footprint / data privacy / algorithm / protected characteristics / Equality Act / prejudice / discrimination / homophobia / racism		Democracy / political parties / prime minister / house of commons / parliament / diversity / religious freedom / discrimination / banking / savings / loans / interest / online banking / digital payments / financial scams / budgeting / healthcare services / self-care / pharmacy support / medical consent / GP / A&E / pharmacist / STI / Gillick competence / supply and demand / profit / loss / vaping / oral hygiene / drug classifications / illegal drugs / Stimulants / depressants / hallucinogens / antibiotics / sedatives / opioids / social inhibitions		Consent, power dynamics, relationships, trustworthiness, contraception, STIs, pornography, Female genital mutilation, self-respect, toxic masculinity, misogyny, gender stereotypes, emotional wellbeing, drugs, drug classes, drugs legislations	
Extended writing Opportunities						
Maths Across the Curriculum			Budgeting			
Links to careers/ aspirations			Banking	Healthcare professions		
Cultural Capital						
Practical Application of Skills	Managing relationships	Staying safe online	Managing money	Practical first aid	Staying safe	