Personal Development Department - Year 13

Shirley High Curriculum Map

Our curriculum takes a thematic approach, which covers six spiral core themes that progressively run through each year group: Health and Wellbeing Life Beyond School Rights, Responsibilities and British Values Careers Education Staying Safe Online and Offline RSE The themes are built upon each year and lessons within these themes cover the statutory requirements for RSE and Health and Wellbeing, Citizenship and British Values. Personal Development lessons also meet the requirements of the Gatsby benchmarks.
The year 13 curriculum is very much focused on independent living, particularly finance and careers. It also revisits personal safety just before students leave in the summer term. in preparation for their end of school celebrations and future independent living.

	Autumn 1	Autumn 2	Spring 1	Spring 2	Summer 1	Summer 2
	Theme/Topic/Skill:	Theme/Topic/Skill:	Theme/Topic/Skill:	Theme/Topic/Skill:	Theme/Topic/Skill:	Theme/Topic/Skill:
	Post 18 Applications	Mental Health and Wellbeing	Personal Finance/Careers	Preparation for Exams		
Why Now?	Students are building up to UCAS and apprenticeship application deadlines	Students are heading into a stressful period and need to know about coping strategies and the support available to them.	To prepare students for dealing with their own finances when leaving school and understanding financial support available at university	To prepare students for final exams		
Fundamental Concepts	Life Beyond School / Careers	Mental Health and Wellbeing	Personal Finance/Careers	Life Beyond School / Mental Health and Wellbeing		
Students will…	*consider the impact of their habits on their future success *consider personal motivation to ensure exam success * understand the difference between a fixed and growth mindset and the importance of resilience during their post-16 journey *finalise their personal statement for UCAS applications	*understand the importance of a positive mindset *be aware of strategies used to manage a sense of feeling overwhelmed *understand the importance of good sleep *understand the support they can access for mental health	*understand the student finance process *Explain what salary deductions are, including when and why they might be made *Explain how to use a budget to evaluate current money circumstances and plan for a change in those circumstances *Evaluate different methods of saving money	*understand how to manage exam pressures *identify the characteristics of a healthy lifestyle and the risks of an unhealthy lifestyle *recognise the potential health risks associated with living independently		
Language for Life (Key terms/Vocabulary)	Habits, fixed mindset, growth mindset, personal motivation, resilience	Positive mindset, overwhelmed, sleep, mental health, OCD, depression, anxiety, environmental factors, self-harm	Student finance, cost of living, Means testing, student loan, grant, tuition fees, maintenance loans, bursary, scholarship, Finance, budget, take-home pay, tax, National Insurance, deductions	Stress, anxiety, mindfulness, lifestyle, health, self-examination, screening, advocacy, diet		
Extended writing Opportunities	Personal Statement					
Maths Across the Curriculum			Student finance, budgeting, loans			
Links to careers/ aspirations	University and Apprenticeship applications					
Cultural Capital						
Practical Application of Skills	University and Apprenticeship applications		Budgeting			