Our Vision:

To develop aspirational learners who strive for excellence academically, creatively and culturally, benefitting from a wide range of opportunities led by inspirational educators.

Physical Education Curriculum
Overview Mapping

Year Group	Curriculum Intention	Autumn 1	Autumn 2	Spring 1	Spring 2	Summer 1	Summer 2
Year 7 Boys	Pupils should build on and embed the physical development and skills learned in Key Stage 2. Students will develop competence to excel in a broad range of physical activities whilst being physically active for sustained periods of time. Activities delivered within curriculum time give opportunities for students to play competitively. Pupils will develop their knowledge of the benefits of leading a healthy active lifestyle.	Boxing/fitness and Rugby	Football / Netball	Boxing/fitness and Rugby	Athletics	Trampoline, Striking and Fielding	Trampoline, Striking and Fielding and Basketball
Year 7 Girls	Pupils should build on and embed the physical development and skills learned in Key Stage 2. Students will develop competence to excel in a broad range of physical activities whilst being physically active for sustained periods of time. Activities delivered within curriculum time give opportunities for students to play competitively. Pupils will develop their knowledge of the benefits of leading a healthy active lifestyle.	Trampoline / Basketball	Netball / Football	Trampoline/ Basketball	Athletics	Boxing/Striking & fielding	Rugby

Year 8 Boys	Pupils should build on and embed the physical development and skills learned in Key Stage 2. Students will develop competence to excel in a broad range of physical activities whilst being physically active for sustained periods of time. Activities delivered within curriculum time give opportunities for students to play competitively. Pupils will develop their knowledge of the benefits of leading a healthy active lifestyle.	Boxing / Fitness and Rugby	Football / Netball	Boxing / Fitness and Rugby	Athletics	Trampoline, Striking and Fielding	Trampoline, Striking and Fielding and Basketball
Year 8 Girls	Pupils should build on and embed the physical development and skills learned in Key Stage 2. Students will develop competence to excel in a broad range of physical activities whilst being physically active for sustained periods of time. Activities delivered within curriculum time give opportunities for students to play competitively. Pupils will develop their knowledge of the benefits of leading a healthy active lifestyle.	Basketball & Trampoline	Netball / Football	Basketball & Trampoline	Athletics	Boxing/Striking & fielding	Rugby
Year 9 Boys	Pupils should build on and embed the physical development and skills learned in Key Stage 2. Students will develop competence to excel in a broad range of physical activities whilst being physically active for sustained periods of time. Activities delivered within curriculum time give opportunities for students to play competitively. Pupils will develop their knowledge of the benefits of leading a healthy active lifestyle.	Football	Table Tennis	Badminton & Fitness	Flag Football	Athletics	Cricket & Tennis
Year 9 Girls	Pupils should build on and embed the physical development and skills learned in Key Stage 2. Students will develop competence to excel in a broad range of physical activities whilst being physically active for sustained periods of time.	Netball	Badminton & Fitness	Table Tennis	Football	Athletics	Tennis & Rounders

	Activities delivered within curriculum time give opportunities for students to play competitively. Pupils will develop their knowledge of the benefits of leading a healthy active lifestyle.						
Year 10 Boys	Pupils should build on and embed the physical development and skills learned in Key Stage 2 and 3. Students will develop competence to excel in a broad range of physical activities whilst being physically active for sustained periods of time. Activities delivered within curriculum time give opportunities for students to play competitively. Pupils will develop their knowledge of the benefits of leading a healthy active lifestyle.	Badminton & Volleyball	Football	Table Tennis & Fitness	Trampolining & Hockey	Athletics	Tennis / Flag Football
Year 10 Girls	Pupils should build on and embed the physical development and skills learned in Key Stage 2 and 3. Students will develop competence to excel in a broad range of physical activities whilst being physically active for sustained periods of time. Activities delivered within curriculum time give opportunities for students to play competitively. Pupils will develop their knowledge of the benefits of leading a healthy active lifestyle.	Netball & Hockey	Table Tennis & Trampolining	Badminton & Volleyball	Fitness	Athletics	Tennis/ Flag Football
Year 11	Students will take part in a range of physical activities that are demanding and complex. These activities will continue to develop their personal fitness and promote the benefits and impact of leading healthy, active lifestyles and promote the benefits on physical, social and mental wellbeing.	Badminton & Basketball	Trampoline & Table Tennis	Fitness	Football	Exams	Exams

Year 10 GCSE	The aim of the 1st year of the GCSE PE is to introduce some of the simpler aspects of the course which may have previously been covered at some level in Core PE lessons as well as other subjects such as science and maths. The content covered during Year 1 also focuses on content which is also crucial for the NEA controlled assessment which will allow work on this to be started early in the second year of the GCSE course. Much of the content of this year's content is also the foundation of some of the more advanced topics covered in Year 2.	Physical training	Physical training	Applied Anatomy & Physiology	Applied Anatomy & Physiology	Applied Anatomy & Physiology	Analysing and evaluating performance AEP
Year 11 GCSE	To develop the content learnt in Year 1 and bring in more of the content from Paper 2 of the Summer GCSE PE examinations. This year will also include the completion of the NEA Controlled Assessment which includes content covered in Years 1 & 2 of the course. Year 2 will also be used to identify final practical activity choices as well as completing practical activity intervention if needed (e.g. Road Cycling).	Engagement patterns of different social groups in sport and physical activity	Commercialisation of physical activity and sport, and Ethical and social cultural issues in sport and physical activity	Sport Psychology and Health, Fitness and Wellbeing	Paper 1 and paper 2 revision and moderation.	Moderation and examinations.	N/A
Year 12 Cambridge Technical in Sport and Physical Activity	The first year of the Cambridge Technical Sport and Physical Activity course will be for students to study the key content of two mandatory units (1&2). They will cover key content of both units in order to prepare them for both coursework and examinations. Interventions to take place throughout the year to support student progress.	Unit 1: Body Systems and the effects of physical activity Unit 17: Sports injury and rehabilitation	Unit 1: Body Systems and the effects of physical activity Unit 17: Sports injury and rehabilitation	Unit 1: Body Systems and the effects of physical activity Unit 5: Performance analysis in sport and exercise	Unit 1: Body Systems and the effects of physical activity Unit 5: Performance analysis in sport and exercise	Unit 1: Body Systems and the effects of physical activity Unit 2: Sports coaching and leadership	Unit 2: Sports coaching and leadership

Year 13 Cambridge Technical in Sport and Physical Activity	The aim of the second year is to cover UNIT 2 and the exam content of UNIT 3. Students will use Summer 1 to complete coursework and revise in preparation for Summer exams.	Unit 3: Sports organisation and development Unit 2: Sports coaching and leadership	Unit 3: Sports organisation and development Unit 2: Sports coaching and leadership	Unit 3: Sports organisation and development Unit 2: Sports coaching and leadership	Unit 3: Sports organisation and development Unit 2: Sports coaching and leadership	Unit 3: Sports organisation and development	Exams

